

## Bradner Elementary School

September 2025

5291 Bradner Road, Abbotsford, BC, V4X 2P5 - 604.856.3304 - bradner.abbyschools.ca -Principal: Mrs. Sidhu • Administrative Assistant: Mrs. Ens



### Principal's Message:

Dear Families,

Welcome to the 2025-2026 school year! Whether you are returning to our school community or joining us for the first time, we are very excited to partner with you in your child's learning journey this year.

This year holds a special meaning for me personally, as I return from a year-long medical leave. During my time away, I thought of our students, staff, and families often. I'm incredibly grateful for the support you offered to the many administrators who stepped in during my absence, and I am thrilled to be back and reconnect with all of you.

As we begin this new chapter, our focus remains on creating a welcoming, inclusive, and inspiring environment where every child feels seen, supported, and empowered to grow—academically, socially, and emotionally. We know that the strong partnership between home and school is key to student success, and we are committed to open communication and collaboration throughout the year.

We can't wait to celebrate milestones, navigate challenges, and build meaningful connections together. Thank you for entrusting us with your children—it's an honor and a joy to be part of their story.

Here's to a wonderful school year ahead!

Sincerely,

Mrs. Kam Sidhu





Warning Bell: 9:05 PM
Instruction: 9:10 PM
Recess: 10:45 PM
Recess Ends: 11:00 PM
Lunch Eating: 12:15 PM
Lunch Play: 12:30 PM
Instruction: 1:00 PM
School Ends: 3:03 PM

#### Calendar of Events

Sept.1	Labour Day No school
Sept.2	School re-opens half day for students except Kinders
	Coffee & Muffins for parents after drop off
Sept.5	PAC Meeting
Sept.18	Meet the Teacher Night
Sept.19	Terry Fox Run
Sept.26	Orange Shirt Day
Sept.29	Pro-D Day No School
Sept.30	National Day for Truth and Reconciliation No School





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**Week One:** Below you will find a snapshot of the first week of school. Please note that class lists will not be posted or finalized until Friday, September 5th, as family movement in to and out of our school tends to fluctuate throughout the week.

Please see below on where students will go on the first day.

**Sept.2nd-** The first day of school is a 1/2 day for grades 1-5 from 9:10-12:15 PM. If your child takes the bus, please schedule pickup from the bus stop to be 3 hours earlier than their regular scheduled pick up time.

On the first day, students are asked to bring minimal supplies in their backpack, for example, a pencil, an eraser, a water bottle, and a snack. Classroom teachers will provide information on when to bring all supplies.

9:05 a.m. Signs will be attached to poles in the under-cover area with grade levels. Students are to line up at the poster with their grade level for the current school year. Teachers will pick students up from the undercover area.

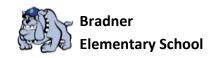
10:45 am Recess

12:15 pm Dismissal

September 3rd- Full day for Grades 1-5.

Please pack a snack, and lunch.

Kindergarten families- an email will be sent regarding gradual entry. If you didn't receive an email, please contact the office so that we can provide you with a schedule.



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Principal
Admin Assistant
Div.1 (M-T)
Div.1 (W, Th, F)
Div.2
Div.3 (M, T, Th, F)
Div.3 (W)
Div.4
Div.5

LLC/PE (W,Th) ELL LSS (T, W, Th)

EA EA Custodian

Noon Hour Supervisors

Itinerant Workers
Counsellor
ISW
Speech Language
District Ed Psych

District Ed. Psych Library Tech Kam Sidhu
Christine Ens
Sarah Goerzen
Rugia Penner
Rajwant Kaur
Cindy Murphy
Kam Sidhu
Judith Captein
Tarrie Smith
Kyla Baker
Kam Sidhu
Sherri Ellis
Candice Mitchell
Laura Plett
Lindsay Cameron

TBA
Anita Zabotel
TBA
TBA
Tiffani Smith

TBA

## Orange Shirt Day

Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of "Every Child Matters". The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

National Day for Truth and

Reconciliation will take place on Sept.30. The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful

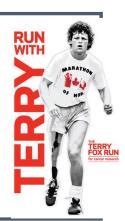
history and ongoing impacts of residential schools is a vital component of the reconciliation process.

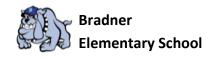
## Terry Fox

This year marks the 45th anniversary of Terry Fox's Marathon of Hope, and we're thrilled to have our school join nearly 10,000 schools nationwide in celebrating his legacy. Our students will participate in this run on September 19th in the afternoon.

Donate using the QR code for Bradner







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## **Back to School**

Come meet the PAC on the first day of school after drop-off for coffee and muffins!



### Volunteers

Volunteers are always welcome! If you would like to volunteer this year, please be sure to fill out a volunteer application form. Forms can be found on our website or picked up from the office.

#### Volunteer | Bradner Elementary

All volunteers are required to have a Criminal Record Check (CRC) with the district. Please use the link below for more details.

#### Volunteer | Bradner Elementary

PAC is looking to fill the position of Vice President and May Day Co-Ordinator. Please contact PAC if you are interested in either of these two positions.

## Parent Advisory Council

Our PAC is an integral part of our school community. Parents are partners in education, and we value your feedback and support for school activities. PAC works with the school to set goals, fundraise and assist with financing materials and activities for students.

### PAC Committee 2025-26

**President:** 

Jocelyn Radom

**Vice President:** 

**TBD** 

Treasurer:

Ravina Gill

Secretary:

Erica Wall

**Volunteer Co-ordinator:** 

Megan Howarth

**Hot Lunch Co-ordinator:** 

Carly Howes & Christine Toews

**DPAC Representative:** 

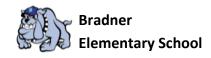
Melissa Crump

May Day:

TBD

### Next Meeting

Friday Sept.5, 2025 @ 1:15 in the LLC Room



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## Family Supports:

We understand that over the past few years, many families have faced a number of challenges, struggling financially with work closures, child care costs, environmental factors etc.

If your family requires any additional supports from our school community, such as food bank services, or food security for your child(ren), or additional time or support to pay for supplies, hot lunch days, or special events, please do not hesitate to contact the office. This information is kept completely confidential.

For hot lunch orders we can extend the date for hot lunch payment for families who require additional time to purchase, as well as split up the costs so that you may pay for one lunch at a time, versus all at once. Please inform the office if this applies to you. Once again, this information is completely confidential.



## Student Verification Forms

We will be sending out paperwork to verify any personal information that may need updating. This includes information such as a new home address, phone number, emergency contact information, email addresses etc. Please ensure that you double check all of the information shared, and fill in any blanks. Any changes can be made directly on the forms. These forms are vital in case of an emergency. Please return these forms as soon as possible.

The following programs are available to families who need additional supports:

## School Lunch Program

The School Lunch program provides lunch for students who come to school hungry. The program is intended to help feed children from homes where parents are struggling to provide food for their families. If you feel that your child(ren) qualify to be placed on the School Lunch program, please contact the school office. This information will remain confidential.

## Starfish Back Pack Program

The program is organized by Archway Food Bank with the coordination of many community partnerships. The purpose of the program is to support families in need with food on weekends. Each student is given a pack with basic groceries (ex. cereal, soups, rice, bread, tuna, snacks, and a few fresh fruits and a vegetable), that is prepared and delivered to our school by a group of volunteers.

### Medical Forms

We will be sending out paperwork for all students that have medical needs. These forms must be updated yearly. If your child has a life-threatening allergy/condition, please make sure to email our school at: bradner@abbyschools.ca to ensure that you have all the correct paperwork filled out. This includes children required to take medication such as asthma puffers or prescription medication.

### Other Forms

Please complete any additional forms that are sent to you including photography consent, and walking field trip forms.



## Your healthy back-to-school guide

As summer winds down, it's time to gear up for a healthy back-to-school season. Set the stage for a smooth transition back to school. Here are some practical tips to get you started.

#### Prioritize sleep

Ensuring your child gets enough sleep is an important part of a healthy back-to-school routine. Quality sleep helps with concentration, mood and overall well-being. In the weeks leading up to the start of school, gradually adjust your child's sleep schedule so they can adapt to the new routine. Aim for nine to 11 hours of quality sleep per night.

#### Eat well

Support your child's learning and development with scheduled meals and snacks. Breakfast kick starts their morning, while snacks and lunches nourish them throughout the day. Pack a water bottle to help them stay hydrated.

#### **Boost immunity**

As with any public environment, school exposes children to various germs and viruses. Ensuring they are up-to-date on their vaccinations helps protect them and others. Specific immunizations are recommended for children prior to entering Kindergarten as well as in grades six and nine. Help your child avoid the spread of illness by encouraging them to wash their hands regularly, teaching them to cover their coughs and sneezes and keeping them home when sick.

#### **Keep active**

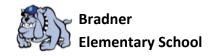
Adding physical activity to your child's routine sets them up for success. Activities like walking or biking to school, playing sports, dancing, swimming or helping around the house are great ways for your child to stay active. Set limits on screen time and promote outdoor play as much as possible for overall well-being.

#### Make time for talking and connection

Going back to school can be a cause of anxiety or stress for children. Make it a point to encourage open communication and support your child to talk about their feelings and help them feel heard and understood. Integrate down-time into their routine where they can relax or focus on a special interest or hobby.

Find more school health tips and resources on Fraser Health's website: <a href="https://ow.ly/gS1S50Pegic">https://ow.ly/gS1S50Pegic</a>

https://www.anxietycanada.com/articles/coping-with-back-to-school-anxiety/



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### When should students stay home?

Please keep students at home when they are sick. Families can use the following link to determine when it is safe to come back to school: K-12 Health Check (gov.bc.ca) or call 8-1-1.

### If Students Become Sick At School:

If a student becomes sick while at school, the office will contact the student's parent/caregiver with a request to have their child picked up as soon as possible.

## Contact Us

Phone: 604.856.3304

Stay Up To Date

https://bradner.abbyschools.ca/

Download the Abbyschools
App and follow Bradner
Elementary

# You can report your child's absence in 3 convenient ways via:

1) School Messenger App Using your mobile device, download and install the SchoolMessenger app from the Apple App Store or the Google



<u>Play Store</u>. The first time you use the app, select Sign Up to create your account. Select Attendance then Report an Absence

- 2) Safe Arrival Website Using the SafeArrival website, go to: go.schoolmessenger.ca The first time you use the website, select Sign Up to create your account. Select Attendance then Report an Absence.
- 3) Toll-Free Number Call 1-844-487-3701 to report an absence using the automated phone system.

These options are available 24 hours/day, 7 days a week.

With School Cash Online, parents have the convenient and secure option of paying for school items using their credit card online or chequing account, 24/7. You can pay for school items such as trips, club/athletic fees, hot lunch and spirit wear. It will save you time too!

To access online payments, please register at:

abbotsford.schoolcashonline.com; it takes less than five minutes. Registered parents/guardians can see their payment history, print receipts, and receive email notifications whenever new student fees are posted for their child.